



2 Cardinal Park Drive, Suite 204A Leesburg, VA 20175
ashton@leesburgfamilydental.com
(703) 779-2296

Date: _____

PATIENT INFORMATION: Please enter information for the PATIENT ONLY in this section.

Name: _____ Birth Date: _____ Cell Phone: _____

Sex: [] M [] F Status: [] Married [] Single [] Minor

Address: _____ City: _____ State: _____ Zip Code: _____

Home Phone: (____) _____ Work Phone(____) _____ Email: _____

Whom may we thank for referring you? _____

Emergency Contact: _____ Emergency Contact Phone: (____) _____

RESPONSIBLE PARTY: Please enter info for the PERSON RESPONSIBLE FOR PAYMENT OF SERVICES OR IS THE SUBSCRIBER OF THE INSURANCE. Please Note: If the patient is a minor (under age 18), the adult and/or guardian accompanying the patient to any treatment visit is responsible for payment of services.

Relationship to Patient: Self / Spouse / Parent / Other _____ Cell Phone:(____) _____

Name: _____ Gender: [] M [] F Social Security # _____ - _____ - _____ DOB: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Drivers License #: _____ Employer: _____ Work Phone:(____) _____

DENTAL HISTORY:

Reason for today's visit/any concerns: _____

Former Dentist: _____ Former Dentist Phone: _____

Date of last dental visit : _____ Date of last dental xrays: _____

How often do you floss? _____ How often do you brush? _____

Check if you have had any problems with the following:

- [] Bad breath [] Grinding teeth [] Sensitivity to hot
[] Bleeding gums [] Loose teeth or broken fillings [] Sensitivity to sweets
[] Clicking or popping jaw [] Periodontal treatment [] Sensitivity when biting
[] Food collection between teeth [] Sensitivity to cold [] Sores or growths in your mouth

MEDICAL HISTORY:

Physician's Name: _____ Physician's Phone: (_____) _____ Date of last Visit: _____

Have you ever used a bisphosphonate medication? Common Brand Name: Fosamax, Actonel, Atelvia, Didronel, Boniva.
 Yes No

Have you ever needed to pre-medicate with antibiotics before a dental visit/treatment? Yes No

Are you taking any blood thinners? Yes No

Allergies or reactions to: Antibiotics / Pain Medicines / Local Anesthetics / Latex / Other: _____

Please list any prescriptions or over the counter medications you are currently taking: _____

Have you ever been hospitalized for any surgery or serious illness? _____

If Female: Are you taking hormones or birth control? Yes No
Are you pregnant or nursing Yes No Is there a possibility that you may be pregnant? Yes No

Please mark on "Yes" or "No" to indicate if you have had any of the following:

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| Yes | No | Yes | No | Yes | No | Yes | No |
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CARDINAL PARK FAMILY DENTAL CARE & YOUR INSURANCE PLAN

HOW THEY WORK TOGETHER

The staff at **Cardinal Park Family Dental Care** is pleased that you have insurance benefits to help you with the cost our dental care. We would like to help you obtain the maximum use of these benefits; so with this in mind, please read the information regarding our policy on dental benefits.

DO YOU ACCEPT MY INSURANCE? If your insurance plan allows you the freedom to choose your own doctor, then you can use your benefits in our office-WE ARE NOT A PROVIDER FOR ANY INSURANCE THOUGH. We are happy to file your claim for you, and will accept the assignment of benefits if your plan allows. Accepting assignment of benefits does not mean that we accept whatever the insurance company pays as full payment. Most insurance plans require the patient to pay a deductible, and a portion of the bill.

HOW MUCH WILL THEY PAY? We have the opportunity to verify your dental insurance coverage and obtain an approximate breakdown of benefits, we are able to estimate your payment portion based on the information we receive, but it is **ONLY AN ESTIMATE**. Please understand that we do not have a contract with any insurance company; therefore it is impossible to give you a guarantee of what the insurance company will pay at the time of service. If we are unable to verify your insurance coverage, you are responsible for payment in full of all fees associated with your treatment at each visit.

If you want to determine what your insurance company will pay, we are happy to file a pre-treatment authorization with your insurance company prior to treatment. This may delay treatment, but will give you the exact out of pocket figure you require.

INSURANCE DIDN'T PAY, NOW WHAT? Ultimately, you are responsible for all charges incurred in our office. We file your insurance claims as a courtesy to you. It is important that you recognize the insurance you have is a legal contract between YOU and YOUR insurance company. Our office is not, and cannot be a part of that legal contract. If your insurance company does not pay a claim within 60 days, Cardinal Park reserves the right to request payment in full for services from you and let you collect the insurance funds that are due to you. Additionally, dental insurance is designed to defray the cost of your dental treatment. It is not intended as a total payment for services and should not be used to determine the type of amount of treatment you receive.

I THOUGHT I PAID MY PORTION BUT STILL OWE MORE; WHY? We based your estimated out of pocket expense on the benefit verification we receive from your insurance company, but there are many factors that can affect this estimate. There may be an annual deductible that must be met (individual or family), or you may have received treatment in another office prior to joining **Cardinal Park**. Also, you might need to see a specialist for care, which may use a portion or all of you annual maximum dental benefits. Further, insurance companies do not (and cannot in most cases) notify **Cardinal Park** of changes to your benefits, they only notify you. If any of these situations apply to you, please let us know as soon as possible.

WHAT IS UCR? UCR stand for Usual, Customary, and Reasonable. It is a term created by insurance companies to define what they are willing to pay for a particular procedure.

ASSIGNMENT OF BENEFITS

I authorize my insurance company to pay the office of **Dr. Ashton** all benefits otherwise payable to me for services rendered. I authorize the use of this signature on all insurance claim submissions.

I authorize the office of **Dr. Ashton** to release all information necessary to secure payment of insurance benefits.

I understand that I am financially responsible for all fees regardless of whether or not they are covered by insurance.

I have read, understand, and accept the terms of the above outlined policies for insurance handling and financial commitments that I may incur as a result of treatment at **Cardinal Park**.

Parent/Guardian Signature _____ Date _____

**CARDINAL PARK FAMILY DENTAL CARE
CONSENT FOR USE AND DISCLOSURE OF HEALTH INFORMATION**

Name: _____ Date of Birth: _____

TO THE PATIENT-PLEASE READ THE FOLLOWING STATEMENTS CAREFULLY.

Purpose of Consent: By signing this form, you will consent to our use and disclosure of your protected health information to carry out treatment, payment activities, and healthcare operations.

Notice of Privacy Practices: You have the right to read our Notice of Privacy Practices before you decide whether to sign this Consent. Our notice provides a description of our treatment, payment activities, and healthcare operations, of the uses and disclosures we may make of your protected health information, and of other important matters about your protected health information. A copy of our Notice accompanies this consent. We encourage you to read it carefully and completely before signing this Consent.

We reserve the right to change our privacy practices as described in our Notice of Privacy Practices. If we change our privacy practices we will issue a revised Notice of Privacy Practices, which will contain the changes. Those changes may apply to any of your protected health information that we maintain.

Revoke: You will have the right to revoke this consent at any time by giving us written notice of your revocation submitted to the Office Manager. Please understand that revocation of this Consent will not affect any action we took in reliance on this Consent before we received your revocation, and that we may decline to treat you or to continue treating you if you revoke this Consent.

SIGNATURES

I, _____, have had the full opportunity to read and consider the contents of this Consent form and your Notice of Privacy Practices. I understand that, by signing this Consent form, I am giving my consent to your use and disclosure of my protected health information to carry out treatment, payment activities and health care operations.

Signature: _____ Date: _____

If this Consent is signed by a personal representative on behalf of the patient, complete the following:

Personal Representative's Name: _____

Relationship to Patient: _____

EMAILING X-RAYS

In providing the best treatment for our patients, it might be necessary for us to email x-rays to other specialists or dentists. This allows other offices to have a better diagnostic tool available to them which will cost you less and permit you to have access to quicker service.

I understand that x-rays might need to be emailed to other specialists and dentists. I give my permission for this service.

Signature: _____ Date: _____

If this Consent is signed by a personal representative on behalf of the patient, complete the following:

Personal Representative's Name: _____

Relationship to Patient: _____



Patient Name: _____ **Date:** _____

In our continuing effort to improve and monitor the health of our patients, we are asking you to participate in answering a few questions that may determine your susceptibility to Sleep Apnea. Our team of doctors have been monitoring and following trends in today's medicine that will help assist in the diagnosis and early treatment of Sleep Apnea.

Epworth Sleepiness Scale

This scale is used to determine the level of daytime sleepiness. If you score 10 or more on this test, you should consider whether you are obtaining adequate sleep, need to improve your sleep hygiene and/or need to see a sleep specialist. These issues should be discussed with your personal physician.

Use the following scale to choose the most appropriate number for each situation:

- 0= would *never* doze or sleep
- 1= *slight* chance of dozing or sleep
- 2= *moderate* chance of dozing or sleeping
- 3= *high* chance of dozing or sleeping

Situation

Sitting and reading _____

Watching TV _____

Sitting in an inactive public place _____

Being a passenger in a vehicle for an hour or more _____

Lying down in the afternoon _____

Sitting and talking to someone _____

Sitting quietly after lunch (no alcohol) _____

Stopped for a few minutes in traffic while driving _____

Total Score (add the scores up) _____

This is your Epworth Score _____